


**JEFFERSON TOWNSHIP**  
 SPECIAL EDUCATION PARENT ADVISORY GROUP

Date & Time:	06/16/2023 6:30 to 7:30
Location:	Virtual Zoom Meet Social Skills-Presented by Vanessa Peterson
Attendance:	D. Perez, T. Acosta, K. Heiner, V. Peterson, J.Figueroa

Topic	Discussion Summary
<p>Presenter was district Psychologist Vanessa Peterson.</p> <p>Presentation- Social Skills</p>	<p>Dr Peterson presented about the aspects of social skills.</p> <p>1) Social skills are broken down into basic skills- Some examples are following directions, using manners, working with others, taking turns, listening to others, good hygiene, using polite words, greetings, waiting and having patience being a good sport, understanding personal space.</p> <p>2) There are Several strategies for teaching social skills.</p> <ol style="list-style-type: none"> <li>a) Encourage child to ask questions</li> <li>b) Teach empathy</li> <li>c) Be a good role model</li> <li>d) Provide different environments</li> <li>e) Practice role playing</li> <li>f) Know your child's limits</li> <li>g) Use video modeling</li> <li>h) Explain social interactions</li> <li>i) Follow children's interests</li> <li>j) Focus on Strengths</li> <li>k) Ask children how they feel</li> <li>l) Find ways to stay calm when angry</li> <li>m) Be willing to apologize</li> <li>n) Give children choices and respect their wishes</li> <li>o) Ask questions that encourage them to solve problems on their own.</li> </ol>

	<p>p) Read books and stories together q) Integrate art activities r) Play games and sports</p> <p>3) Social skills can be taught and reinforced at school and home.</p> <p>4) There are five broad and interrelated areas of competence:</p> <ul style="list-style-type: none"><li>a) Self awareness</li><li>b) Self management</li><li>c) Social awareness</li><li>d) Relationship skills</li><li>e) Responsible decision making</li></ul> <p>Any questions, please email Sepag at <a href="mailto:jtsepag@gmail.com">jtsepag@gmail.com</a></p>
Next meeting	TBA Sept 2023

Submitted by: Michele Katz